# Garden for the Environment Planting Calendars + Crop Rotations Workshop

# Vegetable Crops and the Region's Microclimates

All-Region List: Crops that are likely to flourish in all areas covered by the book. In inland areas, some of these crops are better grown in cooler parts of the year.

Moderate Fog List: Crops that need a bit more warmth and sunlight, so will not thrive in the foggiest areas.

#### All-Region List

Artichoke Arugula

Asparagus

Bean, scarlet runner\*

Bean, fava

Beet

Bok choy

Broccoli

Cabbage

Carrot Cauliflower

Celeriac

Celery

Chayote squash

Chervil

Cilantro

Florence fennel

Garlic

Greens (mustard, chard, collards, kale, etc.)

Ground cherry

Herbs, perennial

Kohlrabi

Leek

Lettuce

Onion

Parsley

Parsnip

Pea (including snap and snow peas)

Potato

Pumpkin\*

Radicchio

Radish

Salsify

Spinach

Spinach, New Zealand

Squash, summer\*

Squash, winter\*

Sunchoke\*

Sunflower\*

Less Fog List: Crops that will produce a satisfactory harvest only in the warmest parts of the nearcoastal region, or in more inland areas away from coastal influence.

Inland Microclimate List: Crops that will thrive only in warm-summer inland microclimates, away from most of the coastal influence.

Tomato (cherry) (borderline)

Turnip

Watercress

#### Moderate Fog List

Amaranth\*

Basil\*

Bean, snap (bush and pole)\*

Corn (short-season varieties)\*

Cucumber\*

Tomato (cherry and very short-season

varieties)\*

Tomatillo\*

## Less Fog List

Bitter melon\*

Corn (most varieties)\*

Eggplant (early)\* (borderline)

Tomato (midseason varieties)\*

Pepper (especially cool-tolerant varieties)\*

(borderline)

Winter melon\*

## Inland Microclimate List

Bean, asparagus (yard-long bean)\* and

black-eyed pea\*

Cucumber (Asian varieties)\*

Eggplant\*

licama\*

Melon\*

Okra\*

Pepper\*

Spinach, Malabar\*

Sweet potato\*

Tomato (late-season varieties)\*

\*warm-season crop

(the rest are cool-season crops)